

COMMUNITY CARE SKILLS STANDARDS FRAMEWORK FOR SUPPORT CARE ROLES

Skills Domain	Administration and Operations
Skills Category	Infection Control
Skills Standard Title	Perform Hygiene Practices and Use of Personal Protective Equipment
Skills Standard Descriptor	Perform handwashing and appropriate use of personal protective equipment according to organisational guidelines in order to reduce risk of spreading infections
Skills Proficiency Level	Level 1 <i>(Previously 'Basic I' under CCSSF)</i>
Source Code	CCSSF-AAO-IC-1001-1
Knowledge <i>This refers to the gathering and cognitive processing of facts and information required to perform work tasks and activities.</i>	Underpinning Knowledge: • Importance of maintaining health, safety and hygiene standards. • Types of Personal Protective Equipment (PPE) to be used to prevent infections, which may include: ○ Gloves ○ Gowns/Aprons ○ Surgical masks ○ Respiratory masks ○ Head coverings ○ Shoes coverings • Types of handwashing agents, which may include (not limited to): ○ Detergents (plain soaps) ○ Antimicrobial agents, e.g.: Chlorhexidine ○ Antiseptic surgical scrubs, e.g.: Bethadine ○ Alcohol based hand rub ○ Antiseptic hand wipe ○ Waterless antiseptic agent • Handwashing techniques, moments of client's contact for good hand hygiene. • Infection from person-to-person contact and cross contamination. • Types of sterilising and disinfecting agents, which may include: ○ Sterilising agents: heat, chemicals, irradiation, high pressure and filtration ○ Disinfecting agents: air disinfectants, alcohols, aldehydes, oxidizing agents, phenolic • Importance of environmental hygiene to reduce or control spread of infectious agents, ensuring personal safety and vulnerability of residents housed in the area. • Routine cleaning and disinfection regimens to ensure environmental hygiene, which are based on: ○ Types of touch surfaces (high-touch or low touch) ○ Types of activity taking place in area and risk of infection associated ○ Vulnerability of residents housed in area • Procedures for infection prevention and control, which may include

	(not limited to): ○ Procedures to ensure facility is regularly cleaned and disinfected ○ Standard precautions and good hand hygiene practices ○ Procedures to identify, investigate, control, develop corrective actions and prevent infections ○ Procedures to report any incidents of infection and management of an infectious disease outbreak ○ Procedures for isolating clients who are suspected of suffering from an infectious disease • Compliance with organisational policies and procedures. • Provisions of National Infection Prevention and Control Guidelines for Long Term Care Facilities (2018), which may include (not limited to): ○ Use of Personal Protective Equipment (PPE) ○ Use of sterilizing and disinfecting agents ○ Infection prevention and control • Relevant legal and/or industrial requirements in relation to support infection control, which may include: ○ Implementation Guide to Guidelines for Home Care (Agency for Integrated Care, Singapore) ○ Implementation Guide to Guidelines for Centre-Based Care (Agency for Integrated Care, Singapore) ○ Workplace Safety and Health Guidelines (Workplace Safety and Health Council) ○ National Infection Prevention and Control Guidelines for Long-Term Care Facilities (Ministry of Health) ○ Allied Health Professions Council (AHPC) guidelines on supervision and delegation of tasks to therapy support staff
Ability <i>This refers to the ability to perform the work tasks and activities required of the occupation, and the ability to react to and manage the changes at work.</i>	The ability to: • Prepare tools, equipment, machines and medical instruments in accordance with organisational policies and procedures. • Prepare requisites and environment for safe and effective usage of equipment and/or medical instruments in accordance with organisational policies and procedures. • Comply with organisational policies and procedures relating to seeking verification on instructions from qualified healthcare personnel. • Perform basic hand hygiene and use of Personal Protective Equipment (PPE) in accordance with manufacturer's specifications and in accordance with organisational policies and procedures. • Aware of potential risk situations to prevent potential infection in accordance with organisational policies and procedures. • Use sterilising and disinfecting agents in accordance with organisational policies and procedures. • Identify factors that prevent upkeep of environmental hygiene.

	• Adhere to infection control plan to ensure working environment is safe and sanitised. • Reinstate all tools and equipment used in relation to performing infection prevention and control (e.g. cleaning, replacement of consumables etc.) • Check to ensure serviceability of machines used in performing infection prevention and control. • Clean work areas (e.g. floor, bed, furniture etc.) at the end of the process.
Person Centred Care <i>This refers to having a person centred care mind set to drive the care giver to respect and recognise the decisions/choices of the person they are taking care of.</i>	Underlying principles: • Treating clients with dignity and respect by being aware of the supporting personal perspectives, values, beliefs, culture and preferences; respecting their privacy while encouraging independence of the individual; and listening to each other and working in partnership to design and deliver services
Performance Outcome <i>This refers to the outcome of the task on the care recipient as indication of workplace success</i>	The support care staff is able to: • Adhere to organisational policies and procedures in infection prevention and control at all times when dealing with clients or handling equipment, tools and related medical instruments.